

BINSON'S HOME HEALTH CARE CENTERS

BINSON'S HOME HEALTH CARE CENTERS INCONTINENCE & MEDICAL SUPPLY PROGRAM

Monday through Friday from 8:00 A.M. to 5:30 P.M.

- **Toll Free Number 1-888-217-9610**
 - TTY Relay Service at 711 For Hearing Impaired
- 24-HOUR EMERGENCY SERVICE AVAILABLE

Welcome to Binson's State of Indiana Incontinence and Medical Supply Program. We are committed to providing you with quality incontinence products. All products will need to be ordered by your physician. We also offer an in-house nursing staff for telephone consultation and initial nursing assessments.

Beginning February 1, 2008, Binson's began providing bowel/bladder incontinence supplies by FedEx, United Parcel Service (UPS) or United States Postal Service (USPS) through a home delivery contract with Indiana Medicaid. Your products will be shipped to you monthly unless you report changes.

Our team of customer service representatives is available to answer your questions and assist with your product needs. If you have questions regarding your supplies or did not receive your supplies, please call us at **1-888-217-9610**.

PRODUCT SUPPLIED: **COLOSTOMY OR ILEOSTOMY POUCHES**

DESCRIPTION:

One or two-piece system made of odor-proof, clear or opaque plastic with a cloth backing.

- Pouch is attached to a barrier or attaches to a separate barrier that is held to the skin around the stoma with an adhesive wafer.
- Some pouches have a filter that deodorizes gas as it passes through the pouch.
- Some pouches are drainable, others are non-drainable and disposable.

Product Use:

Applying/replacing the wafer or wafer/pouch unit

- If the pouch is leaking, change as soon as possible after removing the leaking one and cleansing the stoma and skin around the stoma thoroughly. Otherwise, wait at least two hours after a meal to drain your ostomy pouch or follow your doctor's directions.
- Gather together soft paper towels or washcloth, warm water, new barrier or barrier/pouch unit, stoma paste (if recommended by your doctor).
- Stand over the toilet or sit far back on the toilet seat. Open the drainable end of the pouch and drain contents of the pouch into the toilet bowl **OR** If you are using a closed pouch, remove the pouch and place in trash.
- Gently remove the barrier/pouch unit and place in the trash. **DO NOT FLUSH.**
- To remove the barrier, work slowly from top of the barrier to the bottom, pulling the skin down as you lift off the barrier.

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Product Use Continued

Applying/replacing the barrier or barrier/pouch unit:

- Cleanse the skin around the stoma gently and completely with warm water and a cloth or paper towel. Pat to dry or air dry. (Stoma may bleed slightly with friction - this is normal).
- Warm the new barrier between your hand for a minute or two – this will cause better adhesion and longer wearing time.
- Place barrier around the stoma taking care to avoid wrinkles and securing the wafer with gentle pressure.
- Apply a new pouch (if using a 2 piece unit) after making sure the drainable end is closed.

Emptying the pouch:

- Empty the pouch into the toilet when approximately one-third to one-half full.
- Sit as far back as possible on the toilet seat and place the pouch between your legs.
- Place toilet tissue in the toilet bowl to prevent splashing or flush while emptying.
- Open the drainable end of the pouch.
- Drain into the toilet.
- Wipe off the drainable end thoroughly before closing.

Skin care:

- Inspect the stoma and the surrounding skin with every barrier or barrier/pouch change.
- Wash the area with warm water. Cleansers without oils, glycerin or deodorants may be used.
- Stoma should be a healthy, rosy red color.
- Report any rashes or skin problems to your doctor or ostomy nurse immediately.